

Rapid Induction and Rapid Refresh

Our Rapid Induction & Rapid Refresh training course is a comprehensive two-day program, led by our experienced training team, that equips new carers with the essential skills they need to excel in their role as well as serving as an effective refresher for existing staff. Our program is designed to seamlessly integrate into the sector and covers the Care Certificate Standards, with a focus on key areas such as Assisting and Moving People, Basic Life Support, and more.

Our sessions are tailored to each subject and last one to two hours. Give your new staff a quality start to their career with our Rapid Induction training program.

[Learn more >](#)

Learning Outcomes

The Learning Outcomes are covered extensively by the Care Certificate – see link below for further information:

Skills for Care >

Course Content – Day One

Morning session:

- Understand your role
- Your personal development
- Duty of Care
- Equality and Diversity
- Working in a person-centred way
- Communication
- Privacy and Dignity
- Fluids and nutrition
- Awareness of mental health, dementia and learning disability
- Health and Safety Awareness
- Handling information

Course Content – Day One (continued)

Afternoon session:

- Assisting and moving people (1 hour)
- Basic Life Support (1.5 hour)

Course Content – Day Two

- Medication (2 hours)
- Fire Safety (1/2 hour)
- Food Safety (1 hour)
- Health and Safety Awareness (1/2 hour)
- Infection prevention and control (1 hour)
- Safeguarding with isolation case study (1 hour)